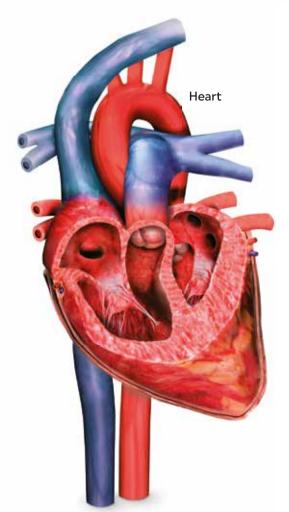




Adult teeth





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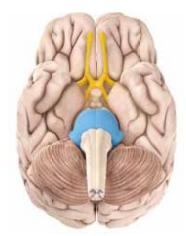




Cross-section of the skin



Balanced diet



Brain from below

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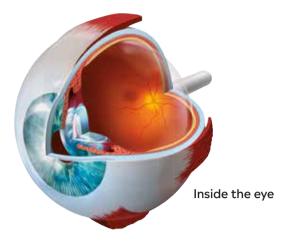
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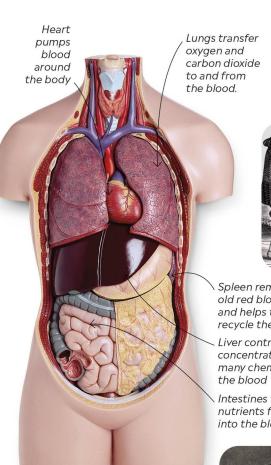
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The blood

An average adult has 5 litres (9 pints) of blood coursing around the body. Each drop of blood consists of millions of cells floating in liquid plasma. Red blood cells deliver essential oxygen to the body's tissues, while defence cells fight off infections. Blood also distributes heat to keep the body at a steady 37°C (98.6°F) - the ideal temperature for cells to function.



to and from

Spleen removes old red blood cells, and helps to recycle their iron ver controls the concentration of many chemicals in

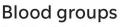
Intestines transfer nutrients from food into the blood.

Blood transfusions

Before the discovery of blood groups, the transfusion (transfer) of blood from a donor - usually a healthy person, but here a dog - to a sick patient, often failed, killing the patient.

Three main roles

Blood transports a range of substances, including oxygen, nutrients, and waste products from cells. It also protects the body by carrying white blood cells and forming blood clots. And it controls body temperature by distributing heat produced by organs around the body.



Austrian-American scientist Karl Landsteiner (1868-1943) found that people belonged to one of four blood groups: A, B, AB, or O. Doctors can now match up blood types to avoid a body rejecting a blood transfusion from the wrong blood group.



Blood components

If allowed to settle, blood separates into three parts. The red and white blood cells float in a yellow liquid called plasma. This is mainly water containing more than 100 substances, including blood proteins.

White blood cells and platelets make up 1% of blood.

Plasma makes up

55% of blood.

Red blood cells make up 44% of blood.

Settled blood

Changing colour

Blood takes its colour from the red blood cells. When they pick up oxygen in the lungs, blood turns bright red. Once they unload oxygen in the tissues, blood turns a darker shade of red.

Oxygen-rich

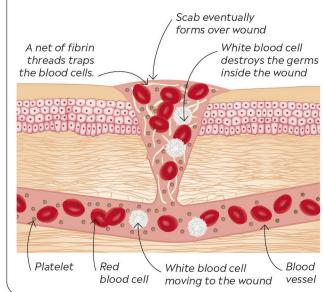
Oxygen-poor

Oxygen carrier

The protein haemoglobin carries oxygen. A molecule of haemoglobin contains four iron atoms (yellow), which bind oxygen in the lungs and release it wherever oxygen is in short supply in the body.

FORMING BLOOD CLOTS

When there is a wound, platelets stick together to briefly form a plug. They also release chemicals that convert a blood protein into threads of fibrin, which trap blood cells to form a clot. White blood cells destroy any invading bacteria. The clot dries out to form a protective scab over the tissues while they repair themselves.



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Prehistoric art

First Nations Australian rock art has featured X-ray figures showing the internal anatomy of humans and animals for 4,000 years.

Holes in the head

This 4,000-yearold skull from Jericho, West Bank. shows the results of trepanning, or drilling holes in the skull. Modern surgery uses a similar technique, called craniotomy, to release pressure in the brain caused by bleeding.

> The brain, regarded as useless, was hooked out through the nostrils and discarded

Myth, magic, and medicine

Early humans made sculptures and cave paintings of human figures. As civilizations grew, people began to study their own bodies closely, but care for the sick and injured was tied up with myths, superstition, and a belief that gods or demons sent illnesses.

Ancient Greek physician Hippocrates (c.460-c.375 BCE)

taught that diseases could be identified and treated. In the Roman world, Galen (129-c. 216 cE) set out ideas about anatomy and physiology that would last for centuries. In Persia, medical knowledge was developed by physicians such as Ibn Sina (980-1037 cE).



The heart.

the chest.

Internal organs, removed

separately in special jars.

from an opening in the

side, were preserved

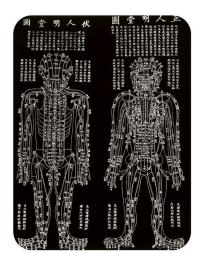
considered the

was left inside

centre of being,

Sacred sacrifice

In the 14th and 15th centuries, the Aztecs of Mexico believed the god Huitzilopochtli would make the Sun rise and bring them victory, if they offered him human and animal sacrifices. The Aztecs might have learned about the inner organs of the body from these rituals.



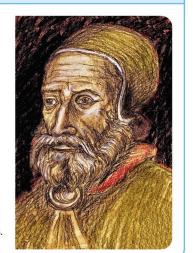
Chinese channels

Written more than 2,300 years ago, The Yellow Emperor's Classic of Internal Medicine explains acupuncture treatments. which focus on the flow of chi, or vital energy, along 12 body channels, or meridians. Needles are inserted into the skin along these meridians to rebalance the body forces known as Yin (cool and female) and Yang (hot and male).

EYEWITNESS

Claudius Galen

Born in ancient Greece. Claudius Galen became a towering figure in the study of anatomy, physiology, and medicine in Rome. There, he treated gladiators as a young physician, describing their wounds as "windows into the body". Human dissection was banned, so he studied the anatomy of animals instead. His flawed ideas were accepted without question across Europe for 1,500 years.



Translated into Latin in the 12th century, The Canon of Medicine was the leading medical textbook for the next five centuries.



Medieval treatments

Blood-letting, using a knife or a bloodsucking worm called a eech, was a traditional, if brutal, remedy for all manner of ills in medieval times. Few physicians tried to see if the treatment was of any benefit to the patient.

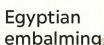


An illustrated panel invokes God for the completion of the work.

A medical textbook

This is a page from an 18th-century copy of the Al-Qanun fi al-Tibb (The Canon of Medicine), written by the Persian physician Ibn Sina in c. 1025. He built on the knowledge of ancient physicians such as Galen and Hippocrates. The massive book consisted of five volumes covering different topics on health and sickness and the human body's anatomy and function.

Some 5,000 years ago, the Egyptians believed that a dead body remained home to its owner's soul in the afterlife, but only if preserved as a lifelike mummy. Natron, a type of salt, was used to dry out the body to embalm



it and stop it rotting.



Skin became dark and leathery through embalming and age.

Toenails, being made of dead cells, remained intact.

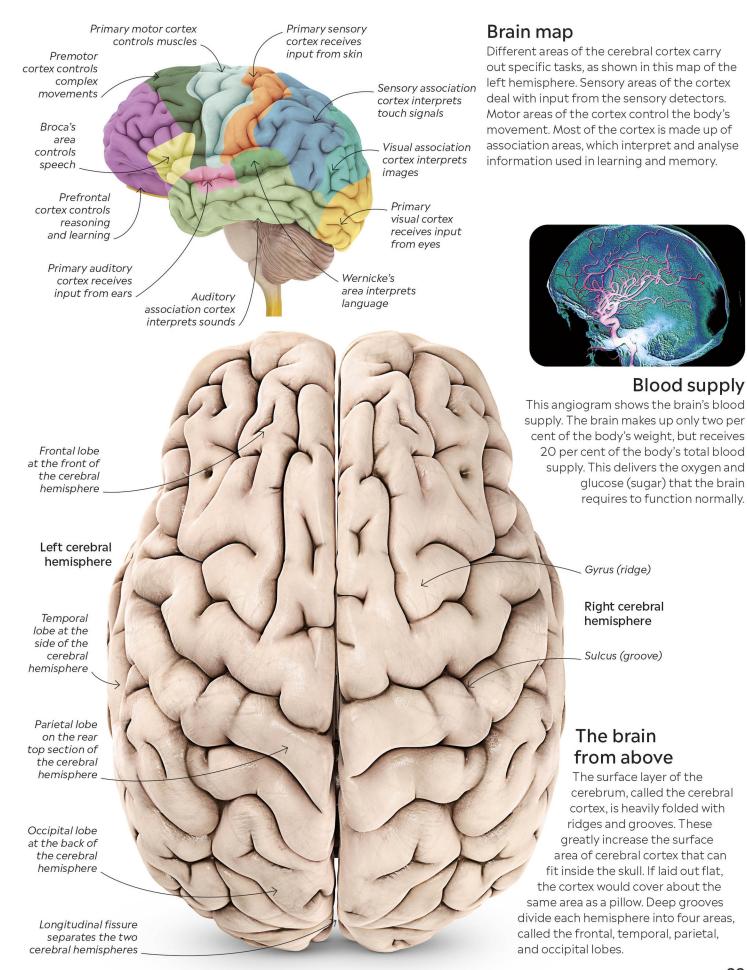
The brain

The brain is our most complex organ and our nervous system's control centre. It contains 100 billion neurons (nerve cells), each linked to hundreds or thousands of other neurons, which together form a vast communication network with incredible processing power. Over the past two centuries, scientists have mapped the brain and how it works.



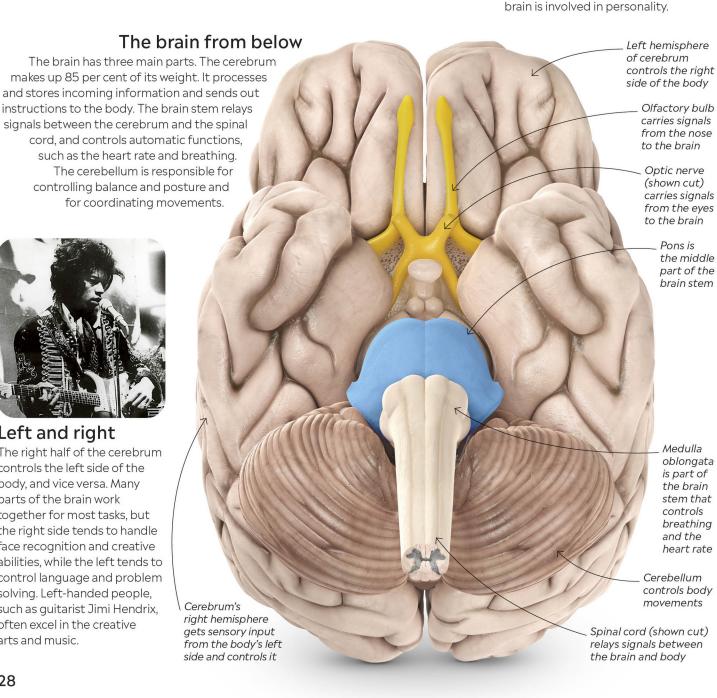
Hole in the head

Phineas Gage worked in a quarry in the USA. In 1848, a gunpowder accident blew a metal rod through the left frontal lobe of his brain. Gage survived, but he changed from contented and polite to moody, and foulmouthed - living proof that the front of the



Left and right

The right half of the cerebrum controls the left side of the body, and vice versa. Many parts of the brain work together for most tasks, but the right side tends to handle face recognition and creative abilities, while the left tends to control language and problem solving. Left-handed people, such as quitarist Jimi Hendrix, often excel in the creative arts and music



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