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Opening extract from
Great Big Body Book

Written by
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Illustrated by
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Published by
Frances Lincoln Children's Books

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Please print off and read at your leisure.

For Juliet and Zeke – MH



For Isabel and Josephine – RA

With many thanks to Alexandra Strick and Beth Cox of *Inclusive Minds* for their invaluable assistance and to Dr Jackie Morris MB FRCP for checking the facts.

JANETTA OTTER-BARRY BOOKS

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Illustrated with watercolours

Set in Green

Printed in China
1 3 5 7 9 8 6 4 2



The Great Big Body Book

Can you find ME every time you turn a page?

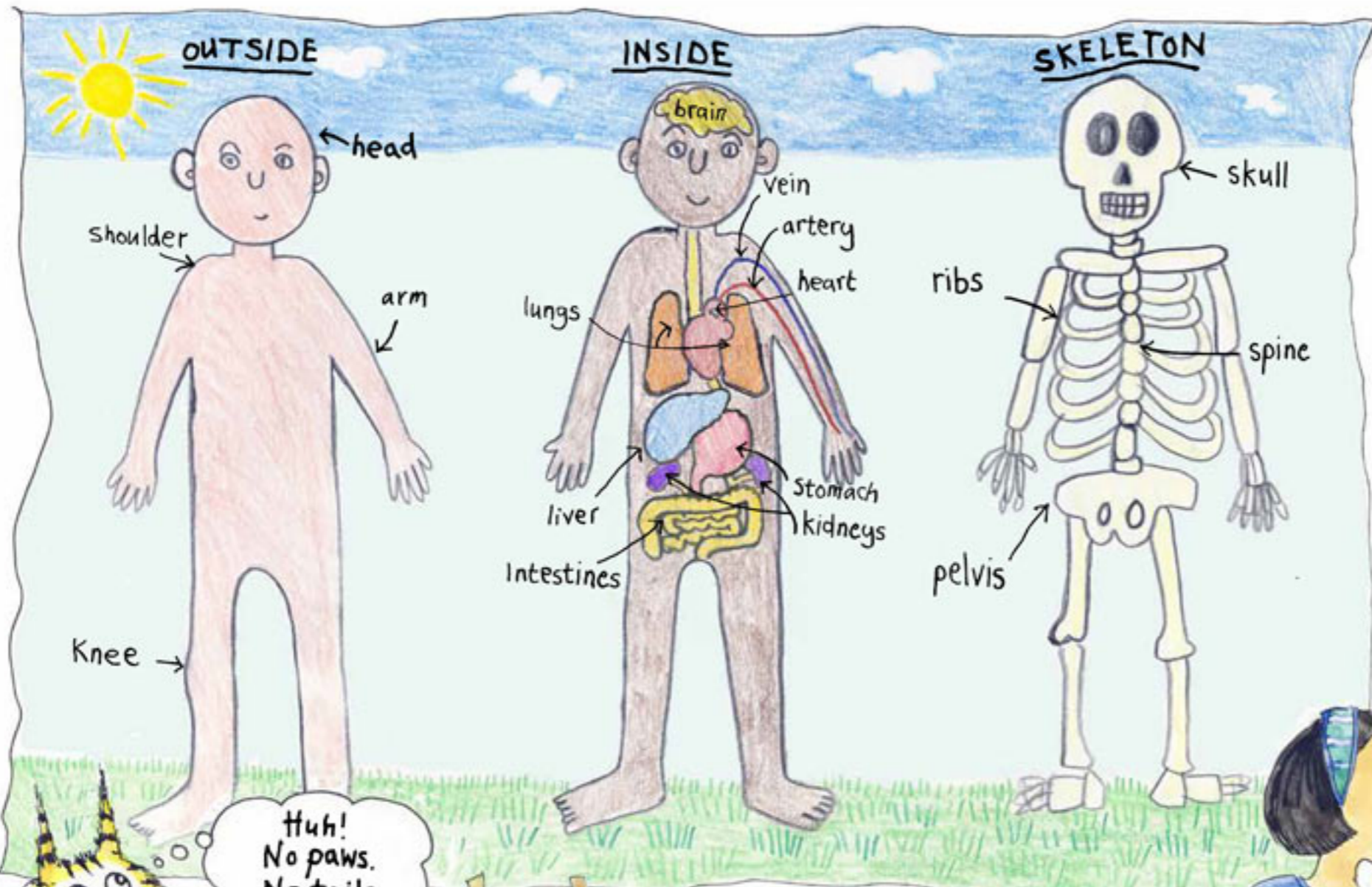


Mary Hoffman and Ros Asquith



Frances Lincoln
Children's Books

EVERYBODY Needs SOME BODY



What is a body? Our bodies are such a large part of us we can't do anything without them.

They aren't the whole story though. You can't find our thoughts and dreams and wishes anywhere in our bodies.

Why didn't the skeleton go to the DISCO?

He had No BODY to dance with!



Huh!
No paws.
No tails.

The surface area of your intestines is as big as a TENNIS COURT!

You have over 200 bones!



A NEW LIFE

Have you seen a newborn baby lately? They are really small, even the biggest ones. But some are specially tiny, if they get born early. Or if there's more than one of them born together.

New babies have almost everything they will ever need in their bodies, except teeth. And some of them don't have much hair! But most of them know how to suck milk and how to cry to get attention.



doctor



police officer



actor



school teacher



writer



dentist



ballet dancer



artist



astronaut



queen



scientist



bus driver

And after about six weeks, babies may even smile!

Everybody was a baby once. Even the Queen of England!



Some of us were kittens.



MILESTONES

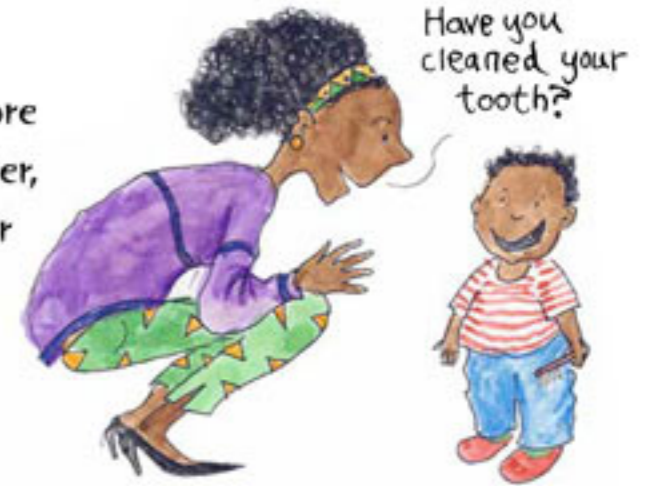


If we kept growing and changing the way that babies do in their first year of life, we'd all be giants! Babies can go from needing everything done for them and not being able even to support their own heads, to being little people on the verge of walking and talking.

We wanted him to grow up - but not THAT big.



They grow teeth - and more hair. Their bones get longer, their muscles get stronger and they crawl and toddle about.



Babies start eating more food than just milk - and make a great mess doing it till they learn not to.



Then they stop needing nappies as their bodies tell them when to go to the toilet.

