



**LoveReading4kids.co.uk**  
is a book website  
created for parents and  
children to make  
choosing books easy  
and fun

extracts from  
**Calm with the Very Hungry  
Caterpillar**

Written & Illustrated by  
**Eric Carle**

Published by  
**Puffin an imprint of Penguin  
Books Ltd**

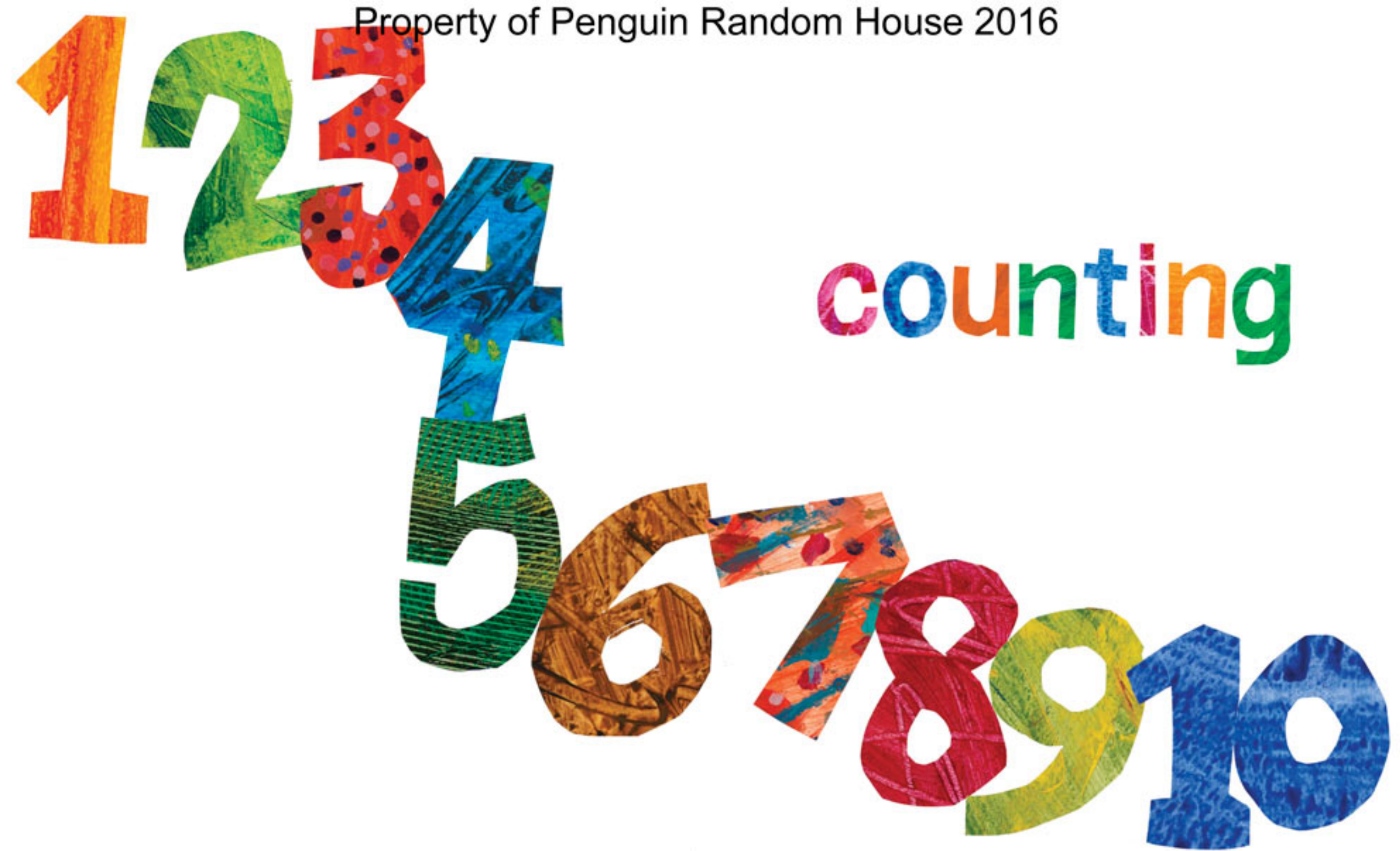
All Text is Copyright © of the Author and/or Illustrator

Please print off and read at your leisure.



breathe...







# monkey mind

feels too busy . . .

