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Opening extract from  
**A Book of Feelings**

Written by  
**Amanda McCardie**

Illustrated by  
**Salvatore Rubbino**

Published by  
**Walker Books Ltd**

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Please print off and read at your leisure.



For my god-daughter, Katie A. M.

For my sister, Jo S. R.

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# A BOOK of feelings

starring  
SAM, KATE  
and  
FUZZY BEAN

Amanda McCardie

illustrated by  
Salvatore Rubbino

  
WALKER BOOKS  
AND SUBSIDIARIES  
LONDON • BOSTON • TORONTO • KICKLAND



Sam and Kate live with their mum and dad  
and Fuzzy Bean, their dog.

This book is about their feelings and  
it starts with feeling **happy!**



So many things make Sam and Kate feel happy.  
A cuddle, a story, a game in the park ... drawing a picture, catching a ball...





and most of all,  
deep down,  
knowing  
they're **loved**.

